

# MVP BASEBALL/SOFTBALL SUMMER CAMP 2025

*Sponsored by the Wood-Ridge Recreation @ Wood-Ridge High School*



**Week 1: Monday, June 23<sup>rd</sup> – Thursday, June 26<sup>th</sup>**

**Friday, June 27<sup>th</sup> = Rain Date (if needed)**

**1:00 PM – 4:00 PM**

**Week 2: Monday, July 14<sup>th</sup> – Thursday, July 17<sup>th</sup>**

**Friday, July 18<sup>st</sup> = Rain Date (if needed)**

**1:00 PM – 4:00 PM**

**GRADES K – 8<sup>TH</sup>** (from the 2024-2025 school year)

## Facilities

**Location:** WR Baseball & Softball Fields  
WRAC Baseball Turf Field w/ outdoor cage  
WRAC Softball Turf Field w/ outdoor cage  
WRAC Soccer Field  
Union Ave Turf Field w/ outdoor batting cage

## Camp Philosophy

This camp is for players that love baseball/softball as much as I do. Each day, intensive individual and group instruction will be given in the fundamentals of baseball. Every aspect of the game will be covered from hitting and pitching to position play and base-running. The last hour, the campers will organize in teams for game competition. The games will be structured to allow teaching to continue and to see the campers perform in game-like situations

I am very proud to offer your child instruction from the coaches of the Wood-Ridge High School baseball coaching staff and players. The experience and backgrounds of these coaches vary from high school to college level experience.

I am looking forward to working with your child at MVP Baseball/Softball Camp, where you child will have fun while becoming a better player.

**Camp Director:** Michael Carcich  
**Email:** [carcich32@gmail.com](mailto:carcich32@gmail.com)  
**Phone:** (201) 446-7758 (leave message)

## Wood-Ridge Recreation

- MVP Camp is sponsored by the WR Recreation and is **OPEN TO KIDS FROM ALL TOWNS.**

## Camp Highlights

- Staff who are professional educators with a fine understanding of player development.
- Curriculum that covers all aspects of the game.
- Free MVP Camp T-shirt
- 6 to 1 Ratio of Players per Coach
- Environment that encourages team work, work ethic, communication, and camaraderie.
- Staff demonstrations

## What to Bring

- Cleats (outside)
- Glove, hat, bat, helmet, fielding mask (softball)
- Water, Gatorade, chips & candy will be sold throughout the day



## Daily Schedule

12:50 – 1:10	Drop Off & Check In
1:10 – 1:20	Attendance/Intro
1:20 – 1:40	Stretch/Form Run
1:40 – 2:00	Throw/Catch drills
2:00 – 2:20	Position Play drills
2:20 – 2:40	Hitting/Bunting drills
2:40 – 3:00	Team drills
3:00 – 4:00	Supervised game

*There will be periodic water breaks throughout camp and a designated snack time for the campers.*

**IN THE EVENT OF INCLEMENT WEATHER, WE WILL CANCEL CAMP THAT DAY AND USE THE RAIN DATE IF NEEDED. I WILL NOTIFY EVERYONE VIA EMAIL BY 11 AM THE MORNING OF CAMP. CHECK YOUR EMAILS!!!**

**THERE ARE NO REFUNDS FOR MISSING CAMP FOR ANY REASON!!!**

**\*\* PLEASE INFORM US OF ANY MEDICAL HISTORY THAT WE SHOULD BE AWARE OF SUCH AS ALLERGIES, ASTHMA, ETC.**

**OWNED AND OPERATED BY  
CARCICH BASEBALL CAMPS LLC.**

# MVP BASEBALL/SOFTBALL SUMMER CAMP 2025

## MVP CAMP DIRECTOR

### Michael Carcich

- 2008 – 2025 Camp Director of MVP Baseball Camps
- 2011 – 2025 Head Varsity Coach @ Wood-Ridge HS  
(253 wins, 132 losses @ Wood-Ridge)
- **2023 State Sectional Champs**
- **2023 Bergen County Coach of the Year**
- 2016, 2019, 2022, 2023, 2024- NJIC League Champs
- 2018 - Best winning % in WR History (20-5)
- 2016 - Best record in WR History (23-7)
- 2016 - North Jersey Coach of the Year
- 2011, 2012, 2014, 2016, 2023, & 2024 NJIC COY
- 2008 – 2010 Head Varsity Coach @ NV Demarest HS
- 2005 – 2007 Head JV/Ass Varsity Coach @ Emerson HS

## MVP CAMP STAFF

### Mark Sterinsky

- 2013 – 2025 Head JV Coach @ Old Tappan HS
- 2011 – 2013 Assistant Varsity Coach @ Wood-Ridge HS
- 2001 – 2010 Assistant Coach @ NV Demarest HS
- Former player @ William Paterson University

### Jesse Romano

- 2011 - 2025 Varsity Pitching Coach @ Wood-Ridge HS

### Chris Affuso

- 2023 – 2025 Head JV Coach @ Wood-Ridge HS

### Eric Drotos

- 2023 - 2025 Asst JV Coach @ Wood-Ridge HS

## MVP CAMP STAFF

### Ally Paskas

- 2022 - 2025 Head Softball Coach @ Wood-Ridge HS
- 2017 - 2021 Asst. Varsity Softball Coach @ Wood-Ridge HS
- 2013 – 2017 Former College Softball Player @ Wilkes Univ.

### Erica Lindor

- 2022 - 2025 Asst. Varsity Softball Coach @ West Orange HS

### Nicole Fleck

- 2023 - 2025 Asst. Varsity Softball Coach @ Weehawken HS
- 2018 - 2023 Asst. Varsity Softball Coach @ West Orange HS

### Liam Winslow

- 2023-2025 Assistant Varsity/JV Coach @ Wood-Ridge HS

### Joe Batcho

- 2025 Assistant Varsity/JV Coach @ Wood-Ridge HS

## WRHS Past & Current Baseball/Softball Players



### Registration Form (please detach and send if paying by check or cash)

- 1) Please fill out the following Camp Registration Google Form.

<https://forms.gle/oGd47FRc39bZ5Mbd7>

- 2) If paying by check or cash, please sign this form, detach and mail it to the address below **OR Venmo @Michael-Carcich** and type **"WOOD-RIDGE WEEK 1, 2, or BOTH - FIRST & LAST NAME (of the campers)"** in the NOTES. **Please remember to type Wood-Ridge week 1, 2, or both & the player's name if using Venmo!!!**

Check payable to: **Carcich Baseball Camps LLC**

Mail to: **Carcich Baseball Camps**  
**199 Hasbrouck Ave**  
**Emerson, NJ 07630**

Cell Phone: **(201)-446-7758** Email: **carcich32@gmail.com**



### Payment Information & Hold Harmless

MVP Camp is offering 2 weeks of baseball/softball camp this summer. The camp fee **per week** is **\$140 for 12 hours of instruction**. **YOU MUST PRE-REGISTER by June 16<sup>th</sup> for the 1<sup>st</sup> week and by July 7<sup>th</sup> for the 2<sup>nd</sup> week of camp** This includes instruction for 4 days of camp, insurance, and a camp T-shirt. **Sign up for both weeks and ONLY PAY \$250!!** There will be a \$10 sibling discount for each **additional** child. We may accept walk-in registration on the first day of camp, but limited space is available. We are offering up to 4-7 different groups based off the grades of the 2023/2024 school year.

I/We, the parents of the above named youth hereby give my/our permission to participate in any and all Wood-Ridge Recreation sponsored camp programs. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities and I/We hereby waive, release, absolve, indemnify and agree to hold harmless the organizers, sponsors, supervisors, participants, and persons transporting my/our child to and from activities, for any claim arising out of an injury to my/our child, whether the result of negligence or for any other cause.

Players First & Last Name: \_\_\_\_\_

Camp Week 1: WR Baseball/Softball Camp, 6/23 – 6/26 from 1-4 pm

Camp Week 2: WR Baseball/Softball Camp, 7/14 – 7/17 from 1-4 pm

Payment Included: \$ \_\_\_\_\_ week 1 week 2 both