



# W-R RECREATION JR. WRESTLING IS BACK FOR THE 2025 2026 SEASON!



NEW for 2025...All boys & girls who are currently in grades K through 8th are eligible to register!

Registration will be available online now through November 1st.

W-R Rec Wrestling will once again team-up with Lodi Rec Wrestling and all practices will be held Mondays, Wednesdays, & Fridays at the Lodi Wrestling Room, 72 Kimmeg Avenue in Lodi beginning the week of 12/1.

(5:45-6:45 p.m. for Beginners & 6:45-8 p.m. for Advanced Wrestlers)

Only coaches & wrestlers will be allowed in the Lodi Wrestling Room for practices. Parents/Guardians should plan to drop-off and pick-up for practices only.

Wrestling Matches will be held locally.

Parents/Guardians are allowed to attend Jr. Wrestling matches.

Please register by 11/1...New Singlets will be ordered and your child must be sized.

Registration fee is \$50 per child, or \$150 per family for 3 or more siblings.

Registration is available online only

[www.njwoodridge.org/departments/wrestling](http://www.njwoodridge.org/departments/wrestling) and all waivers must be signed at registration.

If you have questions, please call the Recreation Office at 201-939-7507

