



W-R RECREATION JR. WRESTLING IS BACK FOR THE 2026 2027 SEASON!

All boys & girls who are currently in grades K through 8th are eligible to register!

Registration will be available online now through November 1st.

W-R Rec Wrestling will once again team-up with Lodi Rec Wrestling and all practices will be held Mondays, Wednesdays, & Fridays at the Lodi Wrestling Room, 72 Kimmeg Avenue in Lodi beginning the week of November 30th.

(5:45-6:45 p.m. for Beginners & 6:45-8 p.m. for Advanced Wrestlers)





Only coaches & wrestlers will be allowed in the Lodi Wrestling Room for practices. Parents/Guardians should plan to drop-off and pick-up for practices only.

Wrestling Matches will be held locally.

Parents/Guardians are allowed to attend Jr. Wrestling matches.

It is very important that you register by 11/1, so that your child can be properly sized for the singlet.

Registration fee is $50 per child, or $150 per family for 3 or more siblings.

Registration is available online only www.njwoodridge.org/departments/wrestling and all waivers must be signed at registration.

SCAN ME

If you have questions, please call the Recreation Office at 201-939-7507



Lets TAKE IT to the MAT

