

BOARD OF HEALTH-monthly meeting
AGENDA NOVEMBER 8, 2012 scheduled for 7:30 pm

1. Meeting called to order @ _____ PM.

2. Roll Call: Ann Marie Warrelman
Fred Johansson Vice-President
Frank Kaiser
Robert Keller
Edward Schmidt
Debbie Greenaway President
Greg Gorab
Providence Sarlo Alt #1
Vacant Alt #2
Melanie Hammer, Board Secretary
Judy Muniz, Sanitary Inspector
Joseph DiMarco, Council Liaison

3. Pledge of Allegiance

4. Sunshine Law: This meeting is being held in accordance with P.I. Chapter 231 and the Notice Requirements of the law have been met by adoption at the Reorganization Meeting of January 5, 1978, setting forth date, time and place of said meeting by posting a copy of same on the Municipal Bulletin Board and sending a copy of same to the Herald News, The Bergen Record and the Star Ledger.

5. Motion to accept October 11, 2012 minutes made by _____
2nd by _____.

6. Hearing of Citizens

7. Correspondence Received

- a. 3 Births
- b. County Statistics September
- c. NJ Local Boards of Health Fall Newsletter
- d. Hurricane Sandy update
- e. Sandy Relief Relief Fund Website
- f. Public Health Alert Sandy: Manage Stress; Stay Healthy
- g. Fuel Management Crisis
- h. Parts of a Food Label

Correspondence Outgoing

- a. Weekly marriage license to State

8. Bills. Invoice Shared Services Semi-Annual 23,605.26

9. Motion to pay bills made by _____ 2nd by _____

10. Report of Officers

Sanitary Inspector

Secretary/ Registrar Report of Vital Statistics for the Month

Council Liaison

11. Unfinished Business

By Laws Meeting date changed/meeting attendance

Review of By Laws

Ordinance 2012-001 Pool Published

12. New Business

Dog/Cat tags received for 2013

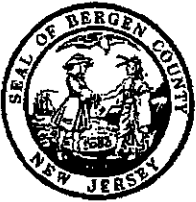
Fee Schedule

13. Motion to adjourn meeting made by _____

2nd by _____

Adjourned @ _____.

MEMORANDUM



COUNTY OF BERGEN
DEPARTMENT OF HEALTH SERVICES
One Bergen County Plaza, 4th Floor
Hackensack, New Jersey 07601
201-634-2600

DATE: 10/15/12

TO: Melanie Hammer

FROM: Patricia Casey

SUBJECT: Wood-Ridge September 2012 Statistics

As per N.J.A.C. Title 8 Chapter 52, Public Health Practice Standards "Each local board of health shall maintain the standards of performance as set forth in this chapter. The following is a synopsis of the services provided this month. Health Consultation Programs provide assessment, counseling, education and referral to meet the core public health functions and the delivery of the "10 essential public health services" as set forth in N.J.A.C. 8:52-3.2.

Program: Health Consultation

Location: Senior Center

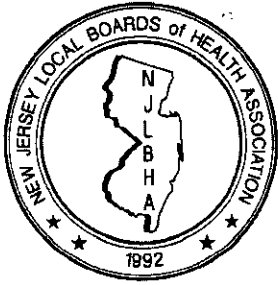
New Visits (Health Risk Assessment)	<u>2</u>
1 st Revisits (First visit of ^{fiscal} calendar year)	<u>0</u>
Revisits (Each visit thereafter)	<u>4</u>
Total Client Visits (Each month/quarter)	<u>6</u>
Telephone Contacts (Follow up)	<u>2</u>
Mail Contacts/Postcards (Reminder)	<u>0</u>
Referrals (Outside agencies)	<u>0</u>
Referral Follow-Up (With client)	<u>1</u>

Additional Services:

Reportable Disease (As per N.J.A.C. 8:57)	<u>1</u>
Animal Exposures	<u>1</u>
School Audits (As per N.J.A.C. 8:57 Subchapter 4)	<u>0</u>
School Re-Audits	<u>0</u>

Other

Event No children attended the Wallington C.H.C.



**New Jersey
Local Boards of Health Association**

Newsletter

Volume 18, Number 3

www.NJLBHA.org

Fall, 2012

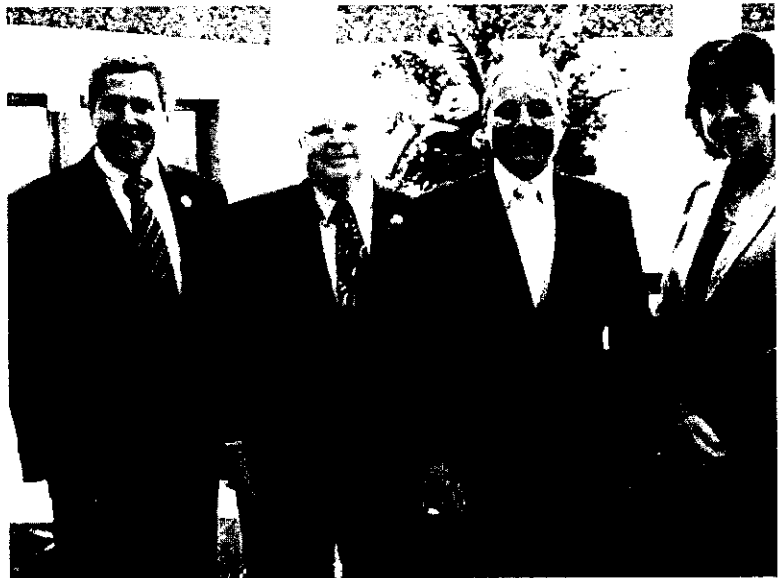
NJLBHA On-Line Board Member Certification Program

Free to all NJLBHA Members

Your New Jersey Local Boards of Health Association is pleased to announce that the certification program for members of Local Boards of Health is now online. This program is designed to develop the knowledge and skills necessary for a member of a board of health to perform the varied tasks they are responsible for under the NJ Public Health Practice Standards.

Board members that successfully complete the online training program will be certified by the New Jersey Local Boards of Health Association as a Certified Board of Health Member, and will be entitled to use the initials CBHM after their names. Topics include:

- Essential public health services
- Functions of a Board of Health
- Authority and powers of a Board of Health
- Responsibilities of the Board to the Health Officer
- Responsibilities of the Health Officer to the Board
- Responsibilities of a Board of Health including those contained in the Public Health Practices Standards of Local Boards of Health in New Jersey
- Board leadership/Conducting meetings
- Leadership in Emergency Management
- Incident Command System 100 and NIMS 700
- Public Health Advocacy
- Budgeting
- Legal issues related to Local Boards of Health
- Interacting with and accessing the community
- Functions of a Board of Health
- Standards of Local Boards of Health in New Jersey



Senator Kip Bateman, NJ Local Boards of Health Association President John Saccenti, NJ Association of City and County Health Officers President Peter Correale, and Assemblywoman Donna Simon helped celebrate the launching of the new on line training program for members of Local Boards of Health at the PNC Arts Center.

Contained in the course is a video presentation of Richard A. Lustgarten, Esq., attorney for the NJLBHA. This video component addresses many of the legal issues you

(Continued on page 3)

President's Message

Public health is the fabric that holds society together. It is the air we breathe and the water we drink. It is the preventive steps we take to maintain our personal health and the health of the community. Without public health protection there would, in fact, be no society. The role that you have as a member of a local Board of Health is extremely important. When you review the public health practice standards you will see that the responsibility to ensure our community safety lies with you and your fellow board members, not just the health department staff.

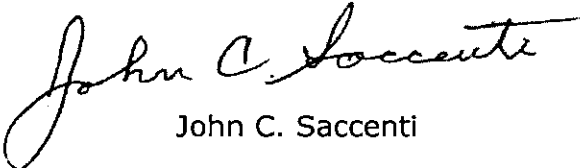
There are major threats to the public health structure in New Jersey and to our ability as board members to protect our community. Decreasing ratables in our communities due to the decline in real estate properties and the concurrent downward reevaluation of assessed values is causing a shrinking tax base. We, as either elected or appointed officials, have been asked to do more with less. Governing bodies are tasked with balancing public health with other community services and often public health is the loser.

We must double our efforts to educate everyone in the community including the governing body about the crucial role public health plays. When it comes time for the local budget to be approved, we must be

there to advocate for the funds necessary to protect the public. We must mobilize the community to support our efforts in ensuring their safety.

One of the first steps in this process is to educate yourself about your roles and responsibilities as a member of a Local Board of Health. NJLBHA has developed an online training program for members of Local Boards of Health that is available to our members free of charge and can be accessed at www.njlbha.org. It is crucial that you take this training so you know your authorities, powers, and responsibilities.

You must ensure that your health department remains intact, adequately staffed, and trained in order to fulfill these responsibilities. Often times, ill-advised actions are taken due to financial constraints. Your role, among many others, is to ensure that whatever happens, the health and safety of your community is not jeopardized in any way.



John C. Saccenti

In This Issue

Online Board Certification Program.....	1
President's Message	2
Being an Effective Board Member	4
Promoting a Healthy Lifestyle	5
Pertussis —It's an Epidemic!!!	6
Building a Healthier NJ	7

(Continued from page 1)

may face.

Members of NJLBHA can receive this training free of charge. Non-members need only pay \$25 dollars per person for this training.

Go to <http://njhealthtest.org/> or www.NJLBHA.org to sign on for this very important training.

Legal Counsel for NJLBHA is

Richard A. Lustgarten
Goodman and Lustgarten
Suite 203
59 Main Street
West Orange, NJ 07052
973-736-5333

Mr. Lustgarten is an expert in municipal law and we highly recommend him.

NJLBHA Officers

Officers

John C. Saccenti.....President
Dianna Lachman.....Vice President
Walter A. Stein.....Secretary
Stephen J. Papenberg.....Treasurer

Past Presidents

Paul Roman
Joan Valas

Board members

Dr. Harris J. Levine
Dan Caranoto - Mayor of Hampton, NJ member of Hampton BOH
Vernie Ellis-East Orange BOH
Ken McCormick- Somerville BOH
Valerie Williams Victory Gardens
Dr. Judith E. Malinowski - Harrison Board of Health
Laura O'Reilly Stanzilis - Mt. Arlington BOH
George DiFerdinando - Princeton BOH

Ex-Officio members:

Rose Jean-Baptiste - NJ Society of Public Health Educators (NJSOPHE)
Natalie Pawlenko - New Jersey Department of Health and Senior Services
Marilyn Bernstein -New Jersey Association of Public Health Nurse Administrators
Marconi Gapas - New Jersey Environmental Health Association
Sarah Kelly - NJ Public Health Association
Peter Correale - NJ Association of City and County Health Officers

Tips on Being an Effective Board Member

Gene Venio offers these tips in a recent ezine.com article.

At a Board meeting, you need to come prepared to discuss and vote on the agenda topics and make policy decisions. You also might serve on a committee formed to address specific problems and develop solutions to bring back to the Board for consideration and possible adoption. Also, as a good Board Member, encourage the staff and support their daily activities wherever and whenever it is possible.

To help you be the best Board Member possible, I offer Seven Easy Principles. They are always important but during the present economic challenges, I believe they are even more critical.

Seven Easy Principles:

1. A Member attends all meetings. If you miss more than two meetings consecutively, think hard about your responsibilities and your agreement to serve.
2. A Member is supportive of fellow members and executive officers and comes prepared to discuss every agenda planned for the meeting.
3. A Member is an ambassador for fellow members, staff, and the public. Educate legislators and colleagues on the many programs and actions you are providing.
4. A Member shares ideas and solutions. Complaining about an issue and not offering any solutions is not in your boards best interest.
5. A Member participates in activities and committee meetings.
6. A Member lets the Health Officer and the staff perform their jobs.
7. A Member understands Robert's Rules of Order.

Additional tips are included in your Board of Health Orientation Manual available on line at WWW.NJLBA.ORG

WEST NILE WOES

Health officials across the nation are expecting a jump in the number of West Nile virus cases within the next month. The Culex mosquito, the carrier of the virus, procreates well in hot, dry weather conditions. Shallow, stagnant water conditions are perfect hatching pools for their eggs. With higher temperatures, the eggs hatch more quickly and the maturation of the larvae speeds up. Unfortunately, this problem is compounded by the dwindling funds in municipal and state budgets allotted for mosquito abatement programs. As of August 27, 2012, Texas, a state which has **not** cut funding for mosquito control, has reported 723 cases of West Nile virus, including 30 deaths. Symptoms of the virus include: fever, headache, fatigue, aches, rash and swollen glands.

USA TODAY, 8/28/2012

Promoting a Healthy Lifestyle in Your Community

An important role of the board of health member is to make sure that the health needs of your community are met. Most board of health members are volunteers who are not health professionals, so don't let that deter you from taking a proactive approach and leading your community toward improved health! One way to empower your community members to live healthier lives is to bring them together to celebrate National Health Observances.

By supporting National Health Observances, you can:

- Educate the public about health risks
- Organize successful health promotion events and campaigns
- Get new ideas, information, and resources on health topics of interest

Contact the sponsoring organization to request outreach materials and information.

Each month by selecting an Observance off the calendar you can start to plant the seeds of good health habits. By wearing pink for breast cancer awareness in October, or celebrating National Wear Red Day and American Heart Month in February for heart health (events sponsored by the American Cancer Society and the American Heart Association) we are demonstrating knowledge and awareness- which are the first steps to taking action.

With observances ranging from Immunization, Arthritis, and Skin Cancer Awareness to National Physical Fitness and Sports Month, local boards of health can play a huge role in promoting healthy behaviors. Health and wellness and pre-

vention efforts could significantly decrease the incidence of chronic disease and contribute to a healthier quality of life.

To get your community involved in National Health Observances print out the calendar from <http://healthfinder.gov/nho/nho.asp#m5>

**Source: 2012 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.
- L. O'Reilly, R.N., NJLBHA, Mt. Arlington*

SWIMMING SKILLS

Swimming skills classes for adults are growing in number. The statistic is that 37% of adults cannot swim 24 yds. Furthermore, adults that can or cannot swim account for more than 70% of drownings per year in the U.S.

Wall Street Journal, 8/7/2012

Pertussis (Whooping Cough)—It's an Epidemic!!!

Although no deaths have been reported to date, on April 3, 2012 the state of Washington declared a pertussis epidemic. Public health officials say the numbers are staggering: 1,284 cases through early May, the most in at least three decades. Most of the victims in this outbreak had received their early childhood vaccinations. However, immunity to pertussis wears off 5-10 years after childhood vaccination. That is why CDC recommends pertussis vaccines for **adolescents and adults of all ages** (most recently pregnant women) as well as infants. The vaccine for adolescents and adults is called Tdap and protects against tetanus and diphtheria as well as pertussis.

Pertussis primarily damages the lungs. People with pertussis usually have painful spasms of coughing that last from 3-9 weeks. In some cases, the coughing can be so severe that people crack their ribs. It can cause other serious complications including seizures, pneumonia and even death. It is very contagious and spread by coughing and sneezing.

The good news is that pertussis is a vaccine preventable disease. In medical studies Tdap was shown to decrease the incidence of pertussis by more than 90 percent. Be proactive...protect your own health as well as your family's health by contacting your primary care provider and making an appointment to get vaccinated against pertussis.



CHICKENPOX

Cases of varicella (chickenpox) in the U.S. have declined by 80% from 2000 to 2010. This result is due to the vaccination program in place and it bolsters the case for those in favor of these programs. The statistics were reported by the CDC in the middle of August.

New York Times, 8/21/2012

Newsletter Changes

Beginning with our next newsletter, hard copies will only be mailed to paid NJLBHA members. The electronic version of our newsletter will be available on our website, www.njlbha.org and will be emailed to health officers for distribution.

BUILDING A HEALTHIER NEW JERSEY

Encourage your Mayor to Attend

Everyone wants their community to be a safe and healthy one. Learn best practices and how you can maximize the health of your community from the State's Public Health authority, Commissioner Mary E. O'Dowd.

The Commissioner will present "Building a Healthier New Jersey," which will discuss the following:

- ⇒ Shaping NJ, the state's anti-obesity program
- ⇒ Public health considerations in the built environment
- ⇒ Strategies to build healthy, resilient & prepared communities
- ⇒ How your local Health Department helps protect the community

Encourage your Mayor, Business Administrator and other elected officials to attend this important session at the annual NJ League of Municipalities conference in Atlantic City.

WHEN:

Wednesday, November 14, 2012
10:45 am -12 (1 hour)

WHERE:

Atlantic City Convention Center, Room 312

HOW: Register through <http://www.njslom.org/>

HEPATITIS C

The CDC recommends all Americans born between 1945 and 1965 get tested for hepatitis C. This group constitutes the "baby boomer" generation which comprises a little more than a quarter of the U.S. population, but represents 75% of the country's cases. One can be unknowingly infected with the virus for many years. The virus may do extensive damage to the liver and it may be passed on to others. Seventy-five percent of cases may be cured by antiviral treatment.

New York Times, 8/21/2012

DISAPPOINTING STATISTICS

In a study analyzing the use of car and booster seats by children, researchers at University of Michigan found: 21% of children <4 y/o were **not** sitting in car seats (as is recommended); 33% of 4 & 5 y/o were **not** restrained; and 66% of 6 & 7 y/o were **not** restrained either. The test sample included >21,000 children.

New York Times, 8/14/2012

Yes, count me (us) in as a part of the Association!

Yes, count me (us) in as a part of the Association that gives New Jersey's Boards of Health and their members a voice in Trenton, a way to communicate among ourselves, a force for progress in public health and more knowledge for board members.

Full Board, Regular Membership \$95

Board membership is open to municipal, county and regional Boards of Health. All board members are included for the calendar year.

Individual, Regular Membership \$20

Individual membership is open to current members of municipal, county or regional boards of health whose full board is not a member.

Individual, Associate Membership \$20

Associate membership is open to past Board of Health members, students, or other individuals interested in public health. This is a non-voting membership.

Institutional Membership \$95

Institutional membership is open to organizations, including environmental groups, planning boards, or other municipal or county agencies, committees, commissions, or councils. This is a non-voting membership.

Board Name: _____

Email Address: _____ Phone: _____

Mailing Address: _____

**NEW JERSEY LOCAL BOARDS OF HEALTH
ASSOCIATION**

P. O. Box 5069
Kendall Park, New Jersey 08824

Public Health Update: Hurricane Sandy Update - Disaster Mental Health Help-Lines, November 2, 2012

BCPhens1

Sent: Friday, November 02, 2012 5:09 PM

To: Lincs

~~~~~LINCS/HAN Communication~~~~~  
Local Information Network Communication System  
Bergen County Department of Health Services  
1 Bergen County Plaza Hackensack, NJ 07601  
Phone: 201-634-2844 Fax: 201-336-6088  
<http://www.bergenhealth.org>  
~~~~~

NJLINCS Health Alert Network
Public Health Update
Distributed by the New Jersey Department of Health

Subject: Hurricane Sandy Update - Disaster Mental Health Help-Lines, November 2, 2012

Date: 11/2/2012; 16:30:54

Message#: 102232-11-2-2012-PHUP

Contact Info: Sylvia Bookbinder, NJDOH/OLPH

Phone: 609-306-8368; Email:

sylvia.bookbinder@doh.state.nj.us<<mailto:sylvia.bookbinder@doh.state.nj.us>>

Natalie Pawlenko, NJDOH/OLPH

Phone: 609-847-0739; Email:

natalie.pawlenko@doh.state.nj.us<<mailto:natalie.pawlenko@doh.state.nj.us>>

Attachments: None

UPDATE: Disaster Mental Health Help-Lines

The NJ Disaster Mental Health Help-Line (877-294-4357) is experiencing power problems and had to temporarily adjust its 24/7 operating procedures. At the present time, callers receive an outgoing message that tells them to leave their number and they will be called back ASAP. Return call turn-around time is usually very quick. In addition to providing individual counseling and psychiatric emergency referral, this is also the number to call to request disaster mental health counselors.

Another resource is the federal Disaster Stress Help-Line (800-985-5990) operated 24/7 by SAMHSA (Substance Abuse and Mental Health Services Administration). They provide emotional support to individuals. Their counselors can be accessed via text as well: TO: 66746, TEXT: talkwithus

This information has been distributed to: DHSS Senior Staff; DHSS Staff; LINCS Coordinator Backups; LINCS Coordinators; LINCS Epidemiologists; LINCS Health Educators; LINCS Health Officer Assistants; LINCS Health Officers; LINCS Health Planners; LINCS IT Specialists; LINCS Partnership Coordinators; LINCS Public Health Nurses; LINCS Regional Health Planners; LINCS Team Members; LOCAL Health Officers; LOCAL Public Health; DHSS Program Staff; Public Health Associations; Public Health Council

Further distribution of this message should be directed to: Local Boards of Health; and other partners in your region, as appropriate.

IMPORTANT NOTE: Please do not use reply feature of your email system. If you have

questions about the content of this email or any of its attachments, please call your County/City LINCS agency for assistance. LINCS agencies are instructed to contact the individual listed in message above or on the attachment for questions concerning content.

Yasmin Rivera-Howard, M.S. CHES
LINCS/PHENS Health Alert Network Coordinator
Bergen County Department of Health Services
201-634-2844

Getting these messages secondhand?
Join the LINCS Community. E-mail BCPhens1@co.bergen.nj.us

Are you a health care professional?
Register for the Medical Reserve Corps <http://njmrc.nj.gov> and click Online Application

Public Health Alert: Governor Chris Christie and First Lady Pat Christie Announce Launch of Hurricane Sandy New Jersey Relief Fund Website

BCPhens1

Sent: Sunday, November 04, 2012 3:42 PM

To: Lincs

Importance: High

~~~~~LINCS/HAN Communication~~~~~  
Local Information Network Communication System  
Bergen County Department of Health Services  
1 Bergen County Plaza Hackensack, NJ 07601  
Phone: 201-634-2844 Fax: 201-336-6088  
<http://www.bergenhealth.org>  
~~~~~

NJLINCS Health Alert Network
Public Health Alert
Distributed by the New Jersey Department of Health

Subject: Governor Chris Christie and First Lady Pat Christie Announce Launch of Hurricane Sandy New Jersey Relief Fund Website
Date: 11/4/2012; 15:22:18
Message#: 102244-11-4-2012-PHAL
Contact Info: Tom Slater, DOH
Phone: 609-984-7160; Email: thomas.slater@doh.state.nj.us<<mailto:thomas.slater@doh.state.nj.us>>
Donna Leusner, DOH
Phone: 609-984-7160; Email: donna.leusner@doh.state.nj.us<<mailto:donna.leusner@doh.state.nj.us>>
Attachments: None

Governor Chris Christie and First Lady Mary Pat Christie Announce Launch of Hurricane Sandy New Jersey Relief Fund Website

www.SandyNJReliefFund.org Now Online to Accept Donations for Hurricane Relief efforts

Trenton, NJ - Following yesterday's establishment of the Hurricane Sandy New Jersey Relief Fund to raise funds and resources to help New Jersey families impacted by the devastation of the storm, Governor Chris Christie and First Lady Mary Pat Christie today announced the launch of a website for the fund. New Jerseyans can visit www.SandyNJReliefFund.org to make donations online.

"As recovery efforts continue, we know that even greater needs will become apparent for our families who have been impacted so deeply and extensively by this disaster," said Governor Christie in announcing the fund yesterday. "New Jerseyans are not only tough and resilient - as we've already seen powerfully through the storm and initial recovery period - they are caring, generous and kind. Above all, we are a community and we take care of each other. As the recovery proceeds over the weeks and months, this fund - and now this website - will give fellow New Jerseyans and those around the country an avenue to contribute to our efforts to assist our neighbors and communities through the recovery period."

While New Jersey remains in the initial stages of recovery, helping New Jerseyans return as close to normalcy as quickly as possible, recovering from the devastation of Sandy will take much more time, resources, and assistance to families who need

it. The Hurricane Sandy New Jersey Relief Fund will provide a critical mechanism to collect donations and assistance and provide assistance to families who have been effected by the destruction of the storm.

"Hurricane Sandy has brought unthinkable devastation to parts of our Garden State, destroying homes, businesses and some of New Jersey's most identifiable icons," said First Lady Mary Pat Christie, who serves as Chair of the Fund. "The images and stories of the damage are heartbreaking. In the aftermath, we must support and help our friends, neighbors and so many others impacted by the storm. The Hurricane Sandy New Jersey Relief Fund is an important ways to help our citizens rebuild their lives."

Donations to the fund can also be sent via traditional mail to the address below:

Hurricane Sandy New Jersey Relief Fund
PO Box 95
Mendham NJ 07945-0095
Email: info@sandynjrelieffund.org

This information has been distributed to: DHSS Senior Staff; DHSS Staff; LINCS Coordinator Backups; LINCS Coordinators; LINCS Epidemiologists; LINCS Health Educators; LINCS Health Officer Assistants; LINCS Health Officers; LINCS Health Planners; LINCS IT Specialists; LINCS Partnership Coordinators; LINCS Public Health Nurses; LINCS Regional Health Planners; LINCS Team Members; LOCAL Health Officers; LOCAL Public Health; DHSS Program Staff; Public Health Associations; Public Health Council

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Yasmin Rivera-Howard, M.S. CHES
LINCS/PHENS Health Alert Network Coordinator
Bergen County Department of Health Services
201-634-2844

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Are you a health care professional?
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Public Health Alert: Christie Administration Announces Hotlines, Resources Available to Manage Stress, Stay Healthy

BCPhens1

Sent: Sunday, November 04, 2012 3:33 PM
To: Lincs
Importance: High

~~~~~LINCS/HAN Communication~~~~~  
Local Information Network Communication System  
Bergen County Department of Health Services  
1 Bergen County Plaza Hackensack, NJ 07601  
Phone: 201-634-2844 Fax: 201-336-6088  
<http://www.bergenhealth.org>  
~~~~~

NJLINCS Health Alert Network
Public Health Alert
Distributed by the New Jersey Department of Health

Subject: Christie Administration Announces Hotlines, Resources Available to Manage Stress, Stay Healthy
Date: 11/4/2012; 15:18:08
Message#: 102243-11-4-2012-PHAL
Contact Info: Tom Slater, DOH
Phone: 609-984-7160; Email:
Thomas.Slater@doh.state.nj.us<mailto:Thomas.Slater@doh.state.nj.us>
Donna Leusner, DOH
Phone: 609-984-7160; Email:
Donna.Leusner@doh.state.nj.us<mailto:Donna.Leusner@doh.state.nj.us>
Attachments: None

Christie Administration Announces Hotlines, Resources Available To Help Manage Stress, Stay Healthy

For Immediate Release Contact: Michael Drewniak

Sunday, November 4, 2012 Kevin Roberts

609-777-2600

Trenton, NJ - The Christie Administration today announced state and federal hotlines available to help New Jersey residents, health care workers and first responders manage emotional stress and stay healthy.

"New Jersey residents are incredibly resilient. During my visits to affected hospitals, shelters and communities, I met many displaced residents, health care workers and first responders who are demonstrating incredible courage and resourcefulness in helping patients, families, friends and neighbors," said Health Commissioner Mary E. O'Dowd.

"It is important for everyone--the public and EMS and health care workers--to recognize the signs of distress and take advantage of the resources available during these challenging times as we get back to normal," said Health Commissioner Mary E.

O'Dowd.

"No one who lives through a disaster is untouched by the experience," said Department of Human Services Commissioner Jennifer Velez. "It's right and real to feel emotional, and important to know that there are state and federal resources available to help individuals experience these feelings in a safe and constructive way."

The New Jersey Department of Human Services' Division of Mental Health and Addiction Services - Disaster and Terrorism Branch, is coordinating statewide efforts to help individuals and communities manage the emotional impact of the storm.

Disaster Mental Health Teams are currently providing support in many shelters around the state and are mobilizing to assist in FEMA Disaster Recovery Centers over the coming days, weeks and months as needed. These locations will offer free face-to-face disaster crisis counseling.

In addition, the Disaster and Terrorism Branch provides informational materials about coping, and partners with the Mental Health Association in New Jersey to offer assistance through a toll free Disaster Mental Health Helpline: 1-877-294-HELP (4357). A TTY line is available for persons who are deaf and hearing impaired at 1-877-294-4356.

The federal government also has a Disaster Distress website (<http://www.disasterdistress.samhsa.gov/>) and helpline that provides 24/7 crisis counseling and support resources available at 1-800-985-5990 or Text TalkWithUS to 66746. The federal Helpline is staffed by trained counselors from a network of crisis call centers located across the U.S., all of whom provide crisis counseling for those who are in emotional distress.

Signs of distress may include any of the following physical and emotional reactions:

- Sleeping too much or too little
- Stomachaches or headaches
- Anger, feeling edgy or lashing out at others
- Overwhelming sadness
- Worrying a lot of the time: feeling guilty but not sure why
- Feeling like you have to keep busy
- Lack of energy or always feeling tired
- Drinking alcohol, smoking or using tobacco more than usual: using illegal drugs
- Eating too much or too little
- Not connecting with others
- Feeling like you won't ever be happy again
- Rejecting of help.

To help New Jersey residents as they cleanup homes and businesses after Hurricane Sandy, the Department of Health has public health experts available through the state's 2-1-1 system to answer questions about food and water safety and mold

removal.

To reach public health experts, call 2-1-1 or 1-866-234-0964. Public Health officials are available 8 am to 8 pm on weekdays and 10 am to 5 pm on weekends. The 2-1-1 human services hotline is open 24/7.

More than 800 New Jersey residents have called the Department of Health hotline seeking help with food and drinking water safety, mold removal and prevention of carbon monoxide poisoning.

Additional resources about Hurricane help and recovery--including lists of shelters, food pantries and soup kitchens--are available at:
<http://www.nj211.org/hurricane.cfm>.

Information about avoiding poison monoxide poisoning is available at
<http://www.cdc.gov/co/guidelines.htm>

Additional information about hurricane and flood recovery is available at
www.state.nj.us/health/er/natural.shtml and <http://www.bt.cdc.gov/mentalhealth/>

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www.ready.nj.gov

This information has been distributed to: DHSS Senior Staff; DHSS Staff; LINCS Coordinator Backups; LINCS Coordinators; LINCS Epidemiologists; LINCS Health Educators; LINCS Health Officer Assistants; LINCS Health Officers; LINCS Health Planners; LINCS IT Specialists; LINCS Partnership Coordinators; LINCS Public Health Nurses; LINCS Regional Health Planners; LINCS Team Members; LOCAL Health Officers; LOCAL Public Health; Medical Coordination Center Staff; DHSS Program Staff; Public Health Associations; Public Health Council

Further distribution of this message should be directed to: Local Boards of Health; and other partners in your region, as appropriate.

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Yasmin Rivera-Howard, M.S. CHES
LINCS/PHENS Health Alert Network Coordinator
Bergen County Department of Health Services
201-634-2844

Getting these messages secondhand?
Join the LINCS Community. E-mail BCPhens1@co.bergen.nj.us

Are you a health care professional?
Register for the Medical Reserve Corps <http://njmrc.nj.gov> and click Online Application

Public Health Alert: Hurricane Sandy Fuel Management Crisis Center Established to Share Information Regarding Fuel Supplies

BCPhens1
Sent: Monday, November 05, 2012 10:34 AM
To: Lincs
Importance: High

-----LINCS/HAN
Communication-----

Local Information Network Communication System
Bergen County Department of Health
Services
One Bergen County Plaza Hackensack, NJ 07601
Phone: 201-634-2844 Fax: 201-336-6088
<http://www.bergenhealth.org>

NJLINCS Health Alert Network
Public Health Alert
Distributed by the New Jersey Department of Health

Subject: Hurricane Sandy Fuel Management Crisis Center Established to Share Information Regarding Fuel Supplies
Date: 11/5/2012; 10:30:26
Message#: 102247-11-5-2012-PHAL
Contact Info: Tom Slater, DOH
Phone: 609-984-7160; Email: thomas.slater@doh.state.nj.us<mailto:thomas.slater@doh.state.nj.us>
Donna Leusner, DOH
Phone: 609-984-7160; Email: donna.leusner@doh.state.nj.us<mailto:donna.leusner@doh.state.nj.us>
Attachments: None

The NJ OHSP Private Sector Desk continues to receive numerous calls and emails from companies willing to transport and sell petroleum products in New Jersey. At the same time, many New Jersey assets are trying to find fuel suppliers.

In light of the tight fuel supply marketplace in New Jersey, the Fuel Merchants Association of New Jersey (FMANJ) has established a vehicle for sharing information:

FMANJ Hurricane Sandy Fuel Management Crisis Center: www.fmanj.org/sandy

This portal is for businesses looking to purchase fuel in New Jersey (gas stations, utilities, hospitals, trucking companies, government, etc.) to connect with in state or out of state distributors and suppliers having fuel which they are willing to sell into New Jersey.

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Yasmin Rivera-Howard, M.S. CHES
LINCS/PHENS Health Alert Network Coordinator
Bergen County Department of Health Services
Telephone: 201-634-2844

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Melanie Hammer

From: BCPhens1 [BCPhens1@co.bergen.nj.us]
Sent: Monday, October 22, 2012 10:22 AM
To: Lincs
Subject: Public Health Info: Updated Packaged Food Labeling Poster/Guide

Follow Up Flag: Follow up
Flag Status: Red

Attachments: POFL_revised_6OCT12.101775.pdf



POFL_revised_6OC
T12.101775.pdf...

~~~~~LINCS/HAN Communication~~~~~  
Local Information Network Communication System  
Bergen County Department of Health Services  
One Bergen County Plaza Hackensack, NJ 07601  
Phone: 201-634-2844 Fax: 201-336-6088  
<http://www.bergenhealth.org>  
~~~~~

NJLINCS Health Alert Network
Public Health Info
Distributed by the New Jersey Department of Health

Subject: Updated Packaged Food Labeling Poster/Guide
Date: 10/22/2012; 10:00:05
Message#: 102199-10-22-2012-PHIN
Contact Info: Virginia M. Wheatley, NJDHSS
Phone: 609-826-4935; Email: vw1@njlincs.net
Attachments: POFL_revised_6OCT12.pdf

Attached is the New Jersey Department of Health's recently revised and updated three page poster and guide entitled, "Parts of a Food Label." The first page is a poster and the following two pages include a guide that complements the poster. As you may know, Parts of a Food Label was originally developed in 2009 and is intended for two target audiences: Registered Environmental Health Specialists (REHS) and retail food establishment operators. REHSs may use Parts of a Food Label as a visual aid to explain labeling requirements to retail food establishments. At the retail establishments, it may be used as a simplified reference that will help ensure compliance with packaged food labeling requirements. It was reviewed for accuracy in 2009 by a labeling expert at FDA-CFSAN, and has more recently been reviewed by USDA. Since its development in 2009, the poster and guide have been well received and widely distributed by REHSs throughout New Jersey. It is currently being translated into Chinese, Hindi, and Spanish.

The NJDOH Food and Drug Safety Program encourages local health departments to utilize Parts of a Food Label as needed. It is intended to be distributed to retail food establishments during routine food establishment inspections. Please note that the poster and guide are available on the Food and Drug Safety Program's website at: <http://nj.gov/health/foodanddrugsafety/index.shtml>.
If you have comments or questions, please contact Virginia Wheatley, Food and Drug Safety Program, NJDOH at 609-826-4935 or virginia.wheatley@doh.state.nj.us.

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This information has been distributed to: DHSS Senior Staff; DHSS Staff; LINCS Coordinator Backups; LINCS Coordinators; LINCS Epidemiologists; LINCS Health Educators; LINCS Health Officer Assistants; LINCS Health Officers; LINCS Health Planners; LINCS IT Specialists;

LINCS Partnership Coordinators; LINCS Public Health Nurses; LINCS Regional Health Planners; LINCS Team Members; LOCAL Health Officers; LOCAL Public Health; Food Safety Organizations

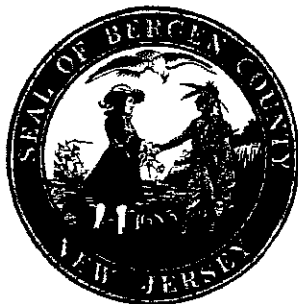
Further distribution of this message should be directed to: n/a

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Yasmin Rivera-Howard, M.S. CHES  
LINCS/PHENS Health Alert Network Coordinator Bergen County Department of Health Services  
Telephone: 201-634-2844

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Are you a health care professional? Register for the Medical Reserve Corps  
<http://njmrc.nj.gov> and click Online Application



# Invoice

Bergen County Department of Health Services  
 One Bergen County Plaza, 4<sup>th</sup> Floor  
 Hackensack, NJ 07601-7076

*TO: Borough of Wood-Ridge  
 85 Humboldt Street  
 Wood-Ridge, New Jersey 07075*

Date: 10/10/2012

INVOICE #SS-2-12-69

## **SHARED - SERVICES AGREEMENT SERVICES SEMI-ANNUAL INVOICE**

| Invoice Timeframe              | 2010 Census | Due Date          |
|--------------------------------|-------------|-------------------|
| July 1, 2012-December 31, 2012 | 7,626,      | November 30, 2012 |

| Description                                         | Units/Hours/Employee | Unit Price  | Semi-Annual Amount  |
|-----------------------------------------------------|----------------------|-------------|---------------------|
| Public Health Infrastructure/Health Officer         | Census               | 1.40        | \$ 5,338.20         |
| Communicable Disease Reportable Surveillance System | Hour                 | \$48.00     | \$ 1,740.00         |
| School Immunization Auditing                        | Hour                 | \$48.00     | \$ 600.00           |
| Health Consultation                                 | Hour                 | \$48.00     |                     |
| Direct Supervision Cost                             | Hour                 | \$48.00     |                     |
| Additional Coverage Cost                            | Hour                 | \$48.00     |                     |
| <b>TOTAL PUBLIC HEALTH NURSING COST:</b>            |                      |             | \$ 2,340.00         |
| Registered Environmental Health Specialist          | Unit                 | \$16,900.00 | \$ 8,450.00         |
| Blood borne Pathogen Program                        | Census               |             | \$ 1,300.00         |
| Animal Control Program                              | Census               | 1.62        | \$ 6,177.06         |
| Employee Assistance Program                         | Employee             | \$21.00     |                     |
| <b>TOTAL DUE FOR CURRENT TIME-FRAME</b>             |                      |             | <b>\$ 23,605.26</b> |

Make all checks payable to Bergen County Department of Health Services

*Thank you for your business!*